

IREMIA

WELLNESS HUB



PEARL ISLAND
CHIOS

HOTEL & SPA



IREMIA

A state of tranquillity,
where body and spirit find
peace. Feel the calming
essence of Iremia, where
wellness rituals restore
balance, rejuvenate,
and connect you to your
inner peace.



FEEL IREMIA

Rooted in tradition and inspired by the healing properties of nature, Iremia Spa invites you to reconnect with your inner balance. Our philosophy blends modern science with time-honoured therapies, offering you a holistic wellness journey that celebrates the natural richness of Chios. Known for its therapeutic mastic and rejuvenating citrus, both unique treasures of the island, we incorporate these powerful elements to soothe, invigorate, and restore.

Immerse yourself in a haven of holistic wellbeing, with mastic-origin treatments, revitalizing water paradise therapies, and beauty rituals that enhance your beauty inside and out.





MASTIC ORIGINS

Nestled in the heart of Chios, our spa proudly features Mastic Origins, a pioneering skincare brand rooted in the island's ancient heritage. Drawing from centuries-old formulations and the wisdom of Greek alchemists, Mastic Origins blends tradition with innovation, creating award-winning skincare that embodies purity, sustainability, and high-performance results.

Harnessing the therapeutic properties of mastic, Chios' rare and precious resin, these products offer a holistic approach to skin health. Combined with powerful natural ingredients such as organic hemp oil, Greek truffle olive oil, aloe, and antioxidant-rich fruits like Chian tangerine and fig, Mastic Origins formulations are designed to restore, nourish, and rejuvenate.

With a deep commitment to sustainability, every product is crafted using certified vegan and 100% organic formulas, ensuring the highest quality while respecting both your skin and the environment. Discover a curated selection of rejuvenating facials and body treatments infused with the healing essence of Chios' pearls, nature's most treasured gems.

TREATMENT JOURNEYS

Embark on a journey of holistic wellness, where age-old traditions and modern techniques come together to restore harmony, boost vitality, and help you find your own sense of iremia—deep tranquillity and inner peace.

WET AREA

Immerse yourself in the restorative power of heat, steam, and water in an experience designed to soothe and invigorate. Cool off with the refreshing Ice Fall, feel the deep warmth of the mastic-infused Finnish sauna, and let the purifying steam of the hammam melt away tension. Complete your journey in Water Paradise, where therapeutic Chian aroma showers awaken the senses.

IREMIA SPA guests and external guests enjoying a treatment are invited to unwind with up to 120 minutes of complimentary access to the Wet Area. For hotel guests wishing to enjoy the Wet Area without a treatment, access is available at €25 for a 3-hour experience.

FACE RITUALS

Targeted facial treatments designed to restore radiance, hydration, and vitality, leaving your skin refreshed and luminous.

BODY RITUALS

Indulgent body treatments that nourish, sculpt, and renew, harnessing nature's finest ingredients for optimal well-being.

MASSAGES

A curated selection of head and body massages designed to release tension, improve circulation, and bring total relaxation to body and mind.

BEAUTY SALON

Expert salon services for hair and nails, offering refined care and a touch of indulgence.

FITNESS & WELLNESS

Sessions including Pilates, yoga, and personal training, designed to build strength, enhance flexibility, and promote overall well-being, amid nature.

A DAY OF PURE REJUVENATION

For external guests seeking complete rejuvenation, a Day Pass (€50) offers access to the Wet Area, the spa's thermal relaxation indoor and outdoor pools, the main hotel pools, and the gym—an ideal escape for body, mind, and spirit. Advance reservations are required for the Wet Area, while gym access is available on a walk-in basis.





FACE RITUALS

Reveal your skin's natural glow with our rejuvenating facials, designed to hydrate, firm, and restore balance. For a full-body renewal, pair your treatment with one of our signature body rituals.

AFTER SUN RADIANCE WITH MASTIC

(60 min) €75

Inspired by the radiant light of Chios, this revitalizing facial restores brightness, firmness, and deep hydration. Harnessing the power of spirulina, mastic oil, and vitamin C, it targets signs of aging, stimulates collagen production, and enhances skin's natural glow. Ideal as an after-sun treatment, it leaves the skin silky, refreshed, and visibly rejuvenated.

AEGEAN LIFTING & MASTIC RENEWAL

(60 min) €75

A luxurious facial enriched with wild herbs and the potent anti-aging properties of mastic. Designed to renew and repair, this treatment deeply nourishes, reduces the appearance of fine lines and wrinkles, and improves elasticity and firmness. Perfect for dull or dry skin, it strengthens the skin's barrier, unveiling a youthful, lifted complexion.

MEDITERRANEAN MASTIC EYE REVIVAL

(30 min) €60

A specialized eye treatment designed to refresh and brighten. A soothing massage with a nourishing serum infused with mastic and truffle oil boosts microcirculation, reducing dark circles, fine lines, and fatigue. Ideal on its own or as an enhancement to any facial treatment.

PEARL ISLAND MEN'S REVITALIZING FACIAL

(60 min) €80

A rejuvenating facial tailored for men, harnessing the benefits of essential oils and mastic to restore vitality. A truffle oil massage replenishes hydration and smooths fine lines, while a radiance mask with basil and mastic extracts evens skin tone and soothes irritation. This treatment deeply nourishes, locks in moisture, and reveals a refreshed, youthful appearance.

BODY RITUALS

Revitalize your body with treatments designed to nourish, sculpt, and restore balance. For the ultimate self-care experience, pair your ritual with one of our signature facials.

AFTER SUN BODY SOOTHING TREATMENT

(40 min) €70

Designed to restore and calm sun-exposed skin, this deeply hydrating treatment regulates moisture levels and leaves the body feeling refreshed. A soothing mastic-infused mask replenishes and smooths, delivering an instant cooling effect. Can be combined with other treatments for enhanced results.

EMPORIOS DETOX & EXFOLIATION

(90 min) €90

A full-body ritual that detoxifies and invigorates the skin while stimulating the lymphatic system. A blend of salt, mastic, peppermint essential oil, and frozen lime deeply exfoliates, leaving skin soft and renewed.

A targeted detox massage follows, using mastic oil, geranium, and grapefruit to improve elasticity and support the body's natural decongesting process. A finishing touch of cooling serum with mastic and truffle oil enhances skin tone and glow. Ideal on its own or combined with a massage.

SCULPTING BODY SHAPE TREATMENT

(90 min) €110

A results-driven body ritual formulated with red seaweed oil, Peruvian ginseng, mastic oil, and chocolate extracts to enhance circulation and combat cellulite. This treatment combines a lymphatic massage with a powerful Dead Sea mud wrap, working to block receptors responsible for cellulite formation. Skin appears visibly firmer, smoother, and more radiant from the very first session. Special rates available for a series of five treatments or more.





MASSAGES

Massage is more than relaxation—it's a ritual of renewal for both body and mind. It releases tension, boosts circulation, and promotes deep well-being, leaving you feeling lighter, calmer, and completely refreshed. At IREMIA SPA, our expert therapists tailor each massage to your needs, creating a restorative experience that nurtures both body and spirit. Every massage can be paired with our signature face and body treatments for an enhanced wellness experience.

HEAD MASSAGE

(30 min) €70

A stress-relieving ritual that focuses on the neck, head, and face to release tension and restore mental clarity. Gentle techniques improve circulation, smooth the skin, and bring a sense of lightness and relaxation.

ULTIMATE

RELAXATION MASSAGE

(30 min | 60 min) €65 / €110

A deeply soothing full-body massage designed to relieve stress and accumulated fatigue. Experience improved circulation, muscle relaxation, and an overall sense of well-being. Regular sessions enhance long-term benefits, leaving the body revitalized and detoxified.

SWEDISH MASSAGE

(30 min | 60 min) €65 / €110

A classic massage combining soft and deep tissue techniques to restore the body's natural balance. With slow, rhythmic strokes, this treatment melts away stress and tension, creating a profound state of relaxation and harmony.

LOMI LOMI MASSAGE

(70 min) €130

A traditional Hawaiian healing ritual known as "loving hands." Flowing, wave-like movements work deeply yet gently, releasing blocked energy and emotional tension. This immersive experience restores harmony and leaves the body and soul completely rejuvenated.

DEEP TISSUE MASSAGE

(30 min | 60 min) €70 / €120

A targeted massage focused on releasing deep muscle tension and accelerating recovery. Slow, firm pressure works through areas of built-up stress, easing chronic pain and improving mobility.

COUPLES MASSAGE

(60 min) €220

A shared moment of relaxation in a luxurious suite for two. Perfect for couples or friends, this experience enhances connection while easing tension, leaving both feeling completely renewed.

FOOT MASSAGE

(30 min) €70

A revitalizing treatment for tired feet. A natural exfoliator with essential oils and mastic extract smooths the skin, followed by a specialized massage to relieve heaviness and improve circulation.

CURATED SPA JOURNEYS

Elevate your spa experience with immersive rituals designed for deep relaxation, renewal, and celebration.

MASTIC HONEYMOON RETREAT (180 min) €350

Begin your journey together with an indulgent spa experience. Relax in the hammam or sauna before surrendering to a soothing body massage of your choice, complemented by a rejuvenating facial. A perfect escape for couples seeking harmony and deep relaxation.

BACHELORETTE CELEBRATION (For 4 People) €600

Celebrate your special occasion with an unforgettable spa experience. Gather your friends and enjoy a selection of luxurious face and body treatments designed to pamper and revitalize before the big day.





BEAUTY SALON

Indulge in the art of self-care with our curated beauty treatments, designed to enhance your natural radiance. From expert hairstyling to flawless manicures, every detail is crafted to leave you feeling effortlessly polished and refreshed. Let us take care of you, so you can shine from the inside out.

MANICURE & PEDICURE

Classic Manicure | €30
Classic Pedicure | €35
Gel Polish Manicure | €40
Gel Polish Pedicure | €45
Simple Color Application | €10
Gel Color Application | €15
Nail Filing | €10

HAIRSTYLING

Hair Wash | €15
Blow-Dry Straightening | €35
Straightening with Flat Iron | €45
Curls | €50
Waves | €45
Professional Hairstyling | €55

DEPILATION / HAIR REMOVAL

Upper Lip | €10
Eyebrows | €12
Underarms | €15
Arms (Full/Half) | €22 / €15
Legs (Full/Half) | €35 / €20
Belt Line | €12
Bikini Line | €20
Brazilian | €40

MAKE-UP

Professional Make-Up | €90
Bridal Make-Up | €330

FITNESS & WELLNESS

Elevate your well-being with our tailored fitness and wellness offerings. From complimentary activities to dynamic group classes and expert-led premium sessions, we provide everything you need to feel strong, balanced, and revitalized. Our gym is open 24 hours a day for your convenience. For class schedules or to book a session, please contact our Spa team. Premium sessions require booking 24 hours in advance.

NATURE FLOW YOGA

(Complimentary)

Flow into serenity with our signature yoga session at our private Manganos garden area, where the gentle sounds of nature set the tone for a deeply grounding practice. Surrounded by the soft whispers of the wind and the rhythmic flow of water, this class enhances flexibility, restores balance, and invites inner calm.

PILATES MAT

(Complimentary)

Reconnect with your body in a mindful Pilates Mat session at our private Manganos garden area, where the soothing sound of flowing water enhances every movement. Designed to build core strength, improve posture, and increase flexibility, this class invites you to move with intention in perfect harmony with nature.

PILATES REFORMER

(Premium Session) 50 min | €50

Elevate your Pilates experience with a Reformer session on our panoramic balcony, overlooking the lush landscape and shimmering sea. This dynamic full-body workout enhances strength, control, and alignment, offering a deeply effective and rejuvenating practice in a breathtaking setting.

PERSONAL TRAINING

(Premium Session) 50 min | €50

Achieve your fitness goals in our light-filled gym, where floor-to-ceiling glass offers peaceful views of Manganos, a serene outdoor space filled with lush greenery and flowing water. With expert one-on-one guidance, each session is tailored to build strength, endurance, and mobility in an energizing and inspiring setting.





SPA ETIQUETTE

APPOINTMENTS

To schedule your spa experience, please contact our Spa team by dialing extension 913 from your hotel room.

From outside the hotel, call +30 6989 481056 or email wellness@pearliland.gr.

We recommend booking in advance to secure your preferred time. Our team is happy to assist you in choosing the perfect treatment or service for your needs.

CANCELLATIONS AND RE-SCHEDULING

If you need to cancel or reschedule your appointment, please provide at least 24 hours' notice. Cancellations made within 24 hours will incur a 50% charge, while same-day cancellations and no-shows will be charged in full. Late arrivals may result in a shorter treatment time to accommodate other guests' schedules.

ARRIVING AT IREMIA SPA

To fully enjoy your spa experience, we recommend arriving 10 minutes before your scheduled appointment for check-in and consultation. Arriving late may shorten your treatment duration to respect other guests' bookings. For your comfort, we suggest coming in your bathrobe. Disposable briefs are available to ensure your privacy during treatments.

HEALTH CONDITIONS

Please inform our spa team of any medical conditions, allergies, or injuries before your treatment, as some services may not be suitable. Our therapists will assess and recommend the most appropriate treatments for your well-being.

WHAT TO EXPECT

Before your treatment, our therapists will guide you through a consultation to address your preferences. Our treatments follow expert techniques and product guidelines, ensuring a high standard of care.

AMBIENCE

To maintain a tranquil environment, we kindly ask guests to speak softly and silence mobile phones and electronic devices during their visit.

VALUABLES

For your peace of mind, we recommend storing valuables in your suite's safe before visiting the spa. The spa is not liable for lost or misplaced items.

AGE REQUIREMENTS

Guests aged 16 and above are welcome to enjoy spa treatments and facilities. Guests under 16 may receive manicure and pedicure services with parental supervision.

OPENING HOURS

Iremia Spa is open daily from 10:00 am to 20:00 pm, with treatments available from 10:00 am to 19:00 pm. The gym remains open 24 hours a day for your convenience.

