



# IREMIA SPA

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IREMIA: The mental state of calmness in body and spirit, synonymous with peace.

Are you ready to rejuvenate your skin and bring your mind, body and spirit into complete harmony?

At IREMIA SPA we have created a calm and welcoming environment, infused with the aroma of the mastic plant aims to calm you mentally and physically.

Surrender yourself to the experienced hands of our therapists and enjoy unique treatments for the face and body. The time to find the true path to tranquility and inner peace is now.

The mastic of Chios is a unique and valuable natural product that has been used for centuries for its medicinal and culinary properties. For hundreds of years, it has remained a point of reference in Hellenic culture. It is no coincidence that Christopher Columbus, on his way from Chios, exchanged mastic for gold. There are studies on its effect on the skin, teeth and stomach. It has proven antimicrobial, antibacterial and regenerative properties on the skin.

At IREMIA SPA, treatments are performed using MASTIC ORIGINS products made in Greece.

This new generation of cosmetics with mastic are certified Vegan and 100% organic. Featuring innovative ingredients in cosmetic treatments with proven results on the skin: Greek truffle olive oil, ouzo, organic hemp, spirulina, Chiot mandarin etc.



PEARL ISLAND  
CHIOS

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HOTEL & SPA



# FACIAL TREATMENTS

## MASTIC AFTER SUN, DEEP HYDRATION & GLOW (60') 80€

Inspired by the abundant light of this unique island, this particular treatment promises to leave your skin feeling brighter, visibly firmer and rejuvenated. Thanks to the power of a host of special ingredients, such as spirulina, mastic oil and vitamin C, this facial promises to target signs of aging, stimulate collagen production and visibly improve the appearance of the skin leaving you with a silky, deeply hydrated feeling and a face that reflects freshness and health. Also ideal as an after sun treatment.

## MASTIC TOTAL MEDITERRANEAN EYES THERAPY (30') 50€

Enjoy a visibly renewed look with this exclusively formulated eye treatment. Indulge in a special massage of the area using a comforting serum enriched with mastic and truffle oil. This treatment is aimed at those wishing to boost micro-circulation and reduce dark circles, fine lines and wrinkles, as well as signs of fatigue. Can be combined with any other facial treatment.

## AEGEAN SECRETS LIFTING TOTAL MASTIHA CARE (60') 80€

A facial treatment enriched with wild herbs from plants grown on the Chiotic land. This facial will repair and renew the skin, harnessing the special, natural anti-aging properties of the mastic plant. Specially formulated to target dull and dry skin, as well as wrinkles and sagging, this treatment promises to reduce the appearance of fine lines and wrinkles, while simultaneously strengthening the skin's natural barrier and significantly increasing its elasticity and firmness. Result? A visibly younger and rejuvenated face.



## PEARL ISLAND MENS MASTIC THERAPY (60') 70€

Allow us to reveal your most youthful self through this unique treatment and harness the power of essential oils and the mastic plant. This facial massage with truffle oil, replenishes lost moisture and minimises fine lines and wrinkles, while the radiance mask with basil and mastic extracts brightens and evens skin tone while soothing any irritation. The care products that make up this treatment, promise to lock moisture into the skin and offer a completely renewed and youthful appearance.



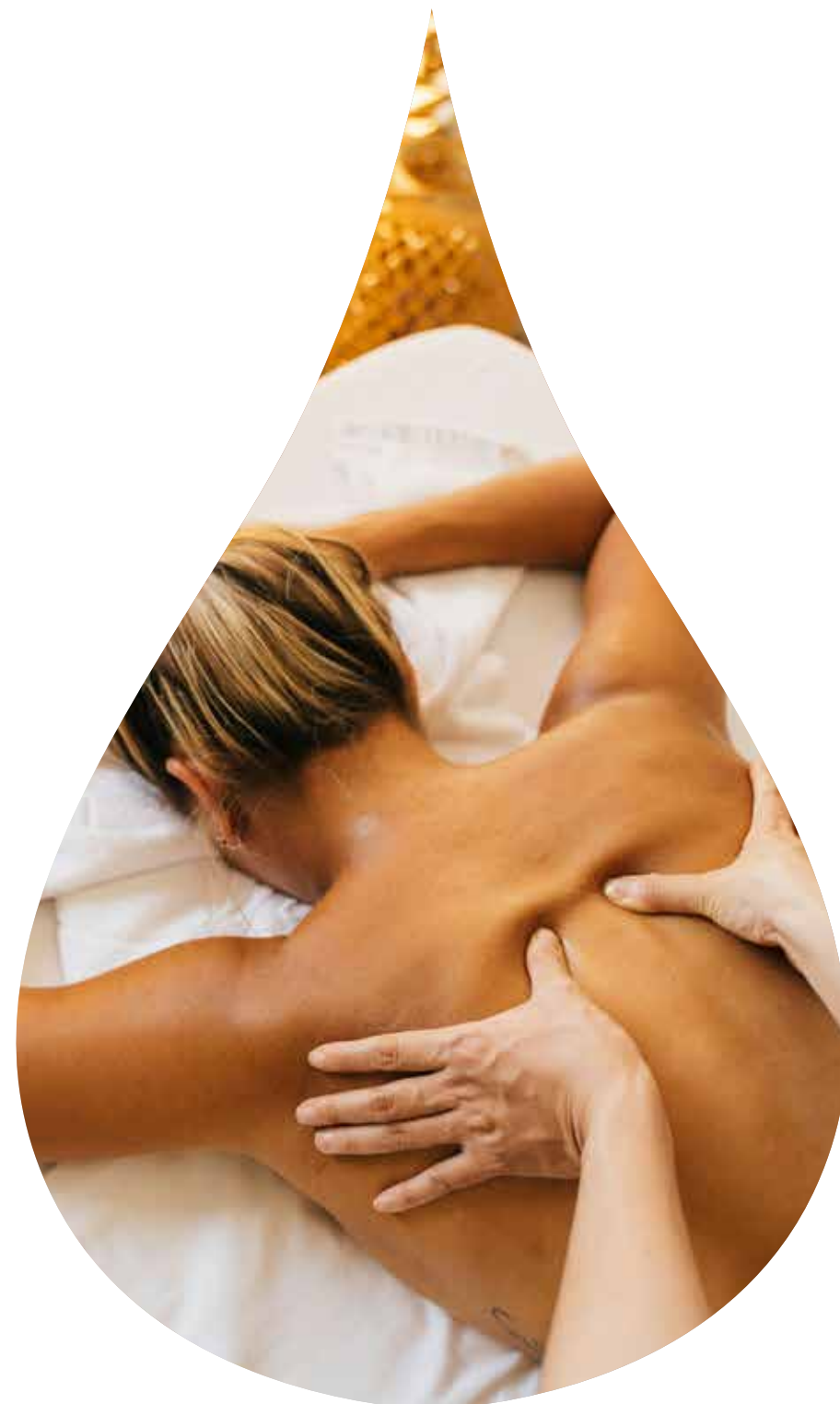


# BODY TREATMENTS

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## MASTIC AFTER SUN BODY TREATMENT (40') 45€

This treatment is ideal following exposure to the sun. Regulate your skin's hydration level. The special mask with mastic deeply soothes and smooths the skin, giving an amazing feeling of freshness. It can be combined with other treatments.



## EMPORIOS (Full body exfoliation and detox) (90') 110€

A unique body treatment which detoxifies and tones the lymphatic system. Feel your skin become soft and smooth as the grains of salt in combination with mastic and peppermint essential oil as well as frozen lime deeply exfoliate. The combination of mastic oil, geranium and grapefruit will help the skin to regain elasticity. Followed by a specialised detox massage to activate the natural decongesting process of the lymphatic system. Finally the cool body serum enriched with mastic and truffle oil will protect and tighten the skin, giving it a healthy glow and youthful appearance. This treatment can be combined with any massage treatment.

## MASTIHA CALMING FOOT THERAPY (30') 50€

A unique treatment for tired feet. Our body polisher with essential oils and mastic extract will remove dead skin cells. Let the experienced hands of our therapist relieve heavy feet and improve circulation with this enjoyable massage.

## MASTIC BODY CHALLENGE: BODY SHAPE TREATMENT (90') 110€

This treatment is rich in active ingredients such as red seaweed oil, Peruvian ginseng, mastic oil and chocolate extracts, all aiding to activate lymphatic and vascular circulation. The combination of lymphatic massage and Dead Sea mud paste, help block the two cell receptors responsible for the formation of cellulite. The skin regains its brightness and lost elasticity. Expect spectacular results from the very first treatment! Special price for a package of 5 treatments or more.





# IREMIA BEAUTY PACKAGES

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## BACHELORETTE (4 people) 530€ to 600€

Let IREMIA SPA plan and execute your unique bachelor party. We are waiting for you and your friends with unique and wonderful body and face therapies.

## WET AREA

Enjoy the sauna, hammam and water paradise features without extra charge when you are a member of IREMIA SPA.

For guests of the hotel, the charge will be 20€ for the indoor wet area and 35€ for use of the outside wet area if you are not purchasing any other therapy.

Maximum length of use 120'

## MASTIHA HONEYMOON (180') 260€ to 290€

Start your new life with a luxurious treatment. Enjoy a hammam or sauna and surrender yourself to the hands of our therapists for a body massage of your choice combined with a facial treatment for you and your partner.

## MASSAGES

Massage is an effective relaxation ritual, as it calms and relaxes the body and mind. By having a massage, the body enters a state of full relaxation. It stimulates the nervous system and relaxes the muscles. It also contributes to lymphatic drainage and blood circulation and helps to release endorphins. It strengthens the bones, is good for the digestive system and improves the texture of the skin. Let's not forget: Massage is in no case a luxury, but a NECESSITY!

At IREMIA SPA we use only natural products and state-of-the-art equipment to offer you the best possible massage experience. Surrender yourself to the hands of our therapists and rejuvenate your body and mind.





# IREMIA BEAUTY PACKAGES

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## TOTAL RELAXING MASSAGE (60') 70€

This is an ideal massage for those looking to combat stress and accumulated fatigue. It offers a feeling of deep rejuvenation and well-being. Feel your blood pressure drop, your muscles relax, your lymph activate and your whole body enter the detoxification process. After 5-6 sessions the results are even better and your body will feel the ultimate benefits of this treatment.

## SWEDISH MASSAGE (60') 70€ - (30') 45€

A holistic hand massage technique with slow, deep movements that offer rejuvenation, harmonizing body and mind. This classic technique combines soft and deep tissue massage, restoring the body's natural balance. It dissolves tension and stress, allowing you to enjoy a feeling of relaxation and euphoria. This particular massage is one of the best you can offer yourself. A beneficial experience of complete spirit and body relaxation.

## LOMI LOMI MASSAGE (60') 80€

A holistic massage also known as "loving hands". It is based on the traditional Hawaiian shamanic ritual. A ritual that resembles a dance of soft waves that move across the body releasing all energy blockages and emotional tensions. A unique experience of absolute relaxation that helps us to feel harmony and complete rejuvenation in both body and soul.



## HOT STONES MASSAGE (60') 80€

The hot stones massage therapy is a combined massage therapy with hot stones, oils and essential oils with therapeutic properties. It relaxes the nervous system, removes toxins from the body, relieves body pain and reduces stress. Allow both your body and spirit to commune in a magical dance with the hot stones. A combination of soft and deep tissue massage will transport you to a world of utter relaxation and well-being.





# IREMIA BEAUTY PACKAGES

## DEEP TISSUE MASSAGE (60') 75€ - (30') 50€

This specific massage is a type of therapeutic massage which focuses on the release of muscle tension, resulting in rapid recovery. With slow movements and deep pressure, the therapist focuses on the areas where most tension has accumulated. A dynamic massage specially designed to relieve tension and muscle strain.

## COUPLE MASSAGE (60') 140€

Whether you are on a romantic getaway, or want to enjoy a session with your other half, a couple massage is the ideal way to relax and rejuvenate together. A spacious and luxurious cabin with 2 beds along with our expert therapists await you.

## HEAD MASSAGE (30') 50€

Anti-stress techniques that focus on specifically the neck, head and face with the aim of improving mental mood and smoothing the skin. Restore the lost glow of your skin and remove built-in tension. Surrender to the experienced hands of our therapists and feel the calmness and relaxation in their every movement.



All types of massage can be combined with our treatments, but also offer the use of our unique facilities in the IREMIA SPA WET AREA.

